WHAT IS CLAIMED IS:

1. A method for fabricating an intensity balanced photomask, the method comprising:

forming an alternating aperture phase shifting photomask pattern on a substrate having trenches formed therein; and

forming a layer of antireflective material within the bottom of at least one trench.

10

- 2. The method of Claim 1 wherein the antireflective material further comprises Magnesium Fluoride (MgF $_2$).
- 15 3. The method of Claim 1 further comprising forming a layer of antireflective material within the bottom of a plurality of the trenches.
- The method of Claim 1 further comprising
 forming the layer of antireflective material using a vacuum evaporation technique.
- 5. The method of Claim 1 further comprising selecting the depth of the antireflective layer to increase light coupling into the trench.

15

18

6. The method of Claim 1 further comprising: selecting a light source having a wavelength for use with the photomask; and

selecting an AR layer thickness of approximately the wavelength divided by four times the refractive index of the antireflective material.

- 7. The method of Claim 6 further comprising selecting an AR layer thickness equal to the wavelength divided by four times the refractive index of the antireflective material.
 - 8. The method of Claim 1 further comprising the substrate formed from quartz.
 - 9. The method of Claim 1 further comprising depositing an absorber layer on the alternating aperture phase shifting photomask.
- 20 10. The method of Claim 1 further comprising depositing a protective layer over the photomask to prevent electrostatic discharge.

19

11. A method for fabricating a phase shifting mask, the method comprising:

providing an etched transparent substrate having a recessed transmissive area, the substrate having a first refractive index;

depositing an antireflective layer in the recessed transmissive area, the antireflective layer having a second refractive index less than the first refractive index:

10 depositing an absorber layer on the etched substrate; and

patterning the absorber layer.

- 12. The method of Claim 11, wherein the
 15 antireflective layer has a thickness of approximately
 one-quarter of a wavelength of incident light.
- 13. The method of Claim 11, wherein the antireflective material comprises Magnesium Fluoride 20 (MgF_2) .

20

14. An alternating aperture phase shifting photomask, comprising:

an etched transparent substrate including a recessed transmissive portion;

an antireflective layer deposited on a bottom surface of the recessed transmissive portion; and

a patterned absorber layer deposited on the substrate.

- 15. The photomask of Claim 14 further comprising the antireflective layer having a thickness of approximately one-quarter wavelength of incident light.
- 16. The photomask of Claim 14 further comprising
 the antireflective layer having a thickness of
 approximately the wavelength of incident light divided by
 four times the refractive index of the antireflective
 material.
- 17. The phase shifting mask of Claim 14, wherein the substrate has a first refractive index and the antireflective layer has a second refractive index less than the first refractive index.
- 18. The phase shifting mask of Claim 14, wherein the antireflective material comprises Magnesium Fluoride (MgF_2) .
- 19. The phase shifting mask of Claim 14 further 30 comprising the antireflective material deposited using a directional technique.

20. The phase shifting mask of Claim 14 further comprising the antireflective material deposited using a vacuum evaporation technique.